



Welcome to France

The training course Welcome to France

Accelerate the integration and success of expatriates

Overview

The training course Welcome to France was created by two intercultural experts to meet the integration and success needs of expatriates from all over the world coming to work and live in France.

The training course gives expatriates and their partners the possibility to win in efficiency in a French business context and be at ease and fully appreciate the French environment.

Public: foreign managers moving to France and their partners if they wish.

Objective: facilitate the change of country and culture and accelerate integration through a better understanding of oneself and the other (behaviours and values), to change the way we look at differences, to develop trust and cooperation with French and international counterparts, and to co-build optimal functioning.

Diagnosis: we will start by meeting you in order to listen to your needs, make a diagnosis, and will suggest a development plan which can include:

1. **The training seminar Welcome to France:** an innovative and effective intercultural training in immersion in an exceptional location, La Maison du Miroir

And / or
2. **Intercultural coaching (one to one or with the partner):** 4 to 8 two hour sessions
3. **Other tailored intercultural training and coaching “à la carte” including 1 day seminars**

Each of these actions will have a follow-up allowing the implementation of the action plan over time.

The two day training seminar Welcome to France

An innovative and effective intercultural training in immersion

Specificities of the training seminar

- Be welcomed in a French private family and historical place
- Live an immersive experience in French culture
- Work on self-understanding and understanding the French
- Create lasting links that facilitate dialogue and sharing
- Appreciate France and the French in a friendly atmosphere
- To be accompanied individually in the integration course



Welcome to France

Targeted skills

1. Know the grid of the seven cultural dimensions
2. Develop authenticity, openness, empathy and adaptation
3. Be able to have constructive dialogues
4. Integrate essential cultural codes

Programme of the training seminar

- *Discover and live 2 days in a French historical home*
- *Take a step back on stereotypes*
- *Learn to decode behaviours and values*
- *Communicate and manage conflict*
- *Take the measure of different relationships to space and time*
- *Integrate relationships to hierarchy, rules and ways of thinking*
- *Participate in role plays in professional situations*
- *Transform differences in a dynamic of complementarity relying on talents and skills*
- *Experience French life style, history and current affairs in contextual situations: conversation during meals, cooking workshop, cultural heritage and environment*

Teaching method

Before the training: a preliminary interview to understand the specific needs and expectations and intercultural experience

During the training :

- A facilitation approach based on questioning, self understanding and exchanges
- A work on the participants' specific experiences, challenges and perceptions
- Meals with specific themes, walking and co- construction
- An opening of the worldview, sharing to develop best practices
- In English or French

After the training: a development plan (optional) to anchor and implement action plans (one to one coaching and share of experiences and best practices in co-development)

A partnership

The training course and the training seminar are the result of a partnership between CF Interactions and ELB Conseil

The trainers

Two consultants - senior coaches specialized in intercultural management



Welcome to France

Hélène Fages



Franco-British, coach and facilitator specialized in intercultural management.

Works with French and foreign expatriates and multicultural teams. Created the company CF Interactions after 17 years of banking experience in export financing and Private Banking.

Gives a course in Paris-Dauphine University on "Authenticity and trust". Mentor of young talents for Nova start-up.

Emilie Bonamy



Executive coach, CEO of ELB Conseil.

Interventions in the field of Talent and Career Development, Executive Coaching and Co-Construction of Change Governance. Intercultural work experiences with Brazil, USA, Africa, China as well as Germany and Italy.

15 years as Manager in the field of publishing and communication.

Governance and Leadership development Specialist

Shared values

- *Openness to others and to new ideas*
- *Constructive dialogue*
- *Authentic, humanistic and responsible leadership*
- *Enthusiasm*
- *Respect for others and benevolence*

Practical information for the training seminar

Number of participants: Minimum 2 participants - Maximum 12 participants.

Duration: 19h (1h interview, 18h training in seminar room and in contextual situations)

Schedule: 1st day: 9:00 to 17:30 and 18:30 to 21:30 - 2nd day: 08:30 to 16:30

Location: La Maison du Miroir, 9 place de l'Eglise, 60810 Ognon 50 minutes from Paris and 25 minutes from Roissy

Transport: Van organized as an option from Porte Maillot

Accommodation: On-site in the rooms of La Maison du Miroir and Le Fruitier

Price: 1980 € HT for the two days session

Possible dates and "à la carte": February 7th and 8th, March 14th and 15th, once a month until the end 2019

Training company: ELB Conseil, certified AFNOR, Datadock approval

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